



# CENTRAL GOLDFIELDS 2017 PREMIERSHIP SEASON PROGRAM SCHEDULE



## Maryborough

DATE	SESSION	VENUE	TIME
Wed 24 May	Welcome to the Club <i>with the Sons of the West team</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 31 May	Man Therapy <i>with beyondblue and the SOTW Provisional Psychologist</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 7 Jun	Between the Goal Posts <i>with the SOTW Provisional Psychologist</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 14 Jun	Know Your Team <i>with the SOTW Provisional Psychologist</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 21 Jun	Let's Talk Food <i>with the SOTW Dietitian and Diabetes Victoria</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 28 Jun	Live Smarter in the Kitchen - Cooking Masterclass <i>with the SOTW Dietitian</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 5 Jul	Time to Test <i>with the EJ Whitten Foundation</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 12 Jul	Setting the Pace - Heart Health <i>with Heart Foundation</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 19 Jul	Change Makers <i>with Nirodah and White Ribbon Australia</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm
Wed 26 Jul	More Than a Game - Understanding Addiction <i>with Gambler's Help</i>	Maryborough Education Centre Gym	7pm – 8pm
	Get Active	Maryborough Education Centre Gym	8pm – 9pm

Guest Speaker Session

Fitness Session

**Maryborough Education Centre Gym**  
102–192 Balaclava Road, Maryborough 3465

For more information call (03) 9680 6355 or contact [info@sonsofthewest.org.au](mailto:info@sonsofthewest.org.au)  
Check [sonsofthewest.org.au](http://sonsofthewest.org.au) for any schedule changes and updates.  
Please note, some changes may occur to venues and dates to accommodate any unforeseen circumstances or if additional learning opportunities are identified.

