



MARIBYRNONG 2017 PREMIERSHIP SEASON PROGRAM SCHEDULE



Braybrook

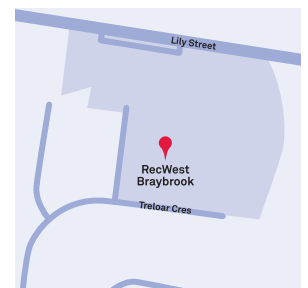
DATE	SESSION	VENUE	TIME
Tue 23 May	Welcome to the Club <i>with the Sons of the West team</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 30 May	Man Therapy <i>with beyondblue and the SOTW Provisional Psychologist</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 6 Jun	Between the Goal Posts <i>with the SOTW Provisional Psychologist</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 13 Jun	Know Your Team <i>with the SOTW Provisional Psychologist</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 20 Jun	Let's Talk Food <i>with the SOTW Dietitian and Diabetes Victoria</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 27 Jun	Live Smarter in the Kitchen - Cooking Masterclass <i>with the SOTW Dietitian</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 4 Jul	Time to Test <i>with the EJ Whitten Foundation</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 11 Jul	Change Makers <i>with Nirodah and White Ribbon Australia</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 18 Jul	More Than a Game - Understanding Addiction <i>with Gambler's Help</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm
Tue 25 Jul	Setting the Pace - Heart Health <i>with Heart Foundation</i>	RecWest Braybrook	7pm – 8pm
	Get Active	RecWest Braybrook	8pm – 9pm

Guest Speaker Session

Fitness Session

RecWest Braybrook
39 Lily Street, Braybrook 3019

For more information call (03) 9680 6355 or contact info@sonsofthewest.org.au
Check sonsofthewest.org.au for any schedule changes and updates.
Please note, some changes may occur to venues and dates to accommodate any unforeseen circumstances or if additional learning opportunities are identified.





MARIBYRNONG 2017 PREMIERSHIP SEASON PROGRAM SCHEDULE



West Footscray

DATE	SESSION	VENUE	TIME
Wed 24 May	Welcome to the Club <i>with the Sons of the West team</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 31 May	Man Therapy <i>with beyondblue and the SOTW Provisional Psychologist</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 7 Jun	Between the Goal Posts <i>with the SOTW Provisional Psychologist</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 14 Jun	Know Your Team <i>with the SOTW Provisional Psychologist</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 21 Jun	Let's Talk Food <i>with the SOTW Dietitian and Diabetes Victoria</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 28 Jun	Live Smarter in the Kitchen - Cooking Masterclass <i>with the SOTW Dietitian</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 5 Jul	More Than a Game - Understanding Addiction <i>with Gambler's Help</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 12 Jul	Change Makers <i>with Nirodah and White Ribbon Australia</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 19 Jul	Setting the Pace - Heart Health <i>with Heart Foundation</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm
Wed 26 Jul	Time to Test <i>with the EJ Whitten Foundation</i>	Victoria University Whitten Oval	7pm – 8pm
	Get Active	Victoria University Whitten Oval	8pm – 9pm

Guest Speaker Session

Fitness Session

Victoria University Whitten Oval
417 Barkly Street, West Footscray 3011

For more information call (03) 9680 6355 or contact info@sonsofthewest.org.au
Check sonsofthewest.org.au for any schedule changes and updates.
Please note, some changes may occur to venues and dates to accommodate any unforeseen circumstances or if additional learning opportunities are identified.

